

Lucky Star Yoga Waiver

I _____, understand yoga includes movement and risk of injury. The possibility of serious injury is always present and can't be eliminated.

I affirm that I alone am responsible to decide whether my child or I are fit enough to practice yoga. I hereby agree to irrevocably release and waive any claims that I and/or my child/children have now or hereafter may have against Laura Rosin, yoga instructor.

(Signature)

(Date)